

Date: 15-03-2024 (simplified summary)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ
مِنْ قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ.
قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
مَنْ صَامَ رَمَضَانَ إِيمَانًا وَاحْتِسَابًا غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ.

FASTING IS A SHIELD

Dear brothers and sisters, fasting during Ramaḍān contains a lot of material and spiritual wisdom, mercy, and good outcomes for believers. During our fasting, we must make sure that fasting keeps us away from evil, and that it serves as a shield against evil, sins, and evil deeds. Therefore, the Prophet ﷺ said: **“There may be a fasting person who will have nothing from his fasting except hunger, and there may be a person who is standing [for worship] who will have nothing from his fasting except staying awake.”**¹

Dear believers, our fasting is, above all, training in patience, willpower, and compassion. The month of Ramaḍān is the month of brotherhood, solidarity, and sharing our financial resources with those in need. When we temporarily stay away from food and drink, we understand the condition of the poor, appreciate the blessings that Allah ﷻ has bestowed upon us, and realize that we must to thank Allah ﷻ, the Provider, as He deserves to be thanked. Dear Muslims, the month of Ramaḍān is once again an opportunity to put an end to bad habits and open new pages in using our will for good and servitude to Allah, the Rabb of the worlds.

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¹ Ibn Mājah, Al-Ṣawm, 21.